



TIME TO PAMPER YOURSELF??

Mariah Pronovost

Licensed Massage Therapist

Offerings: Swedish, Therapeutic, Deep Tissue

Call or text 207-664-4118 to Schedule a Massage

Acadia Yurts And Wellness Center

Acadia Yurts is proud to offer on-site yoga, a full spectrum infrared sauna,
licensed massage therapy & a floatation room!

Call or text 207-669-2059 to Schedule a Service

200 Seal Cove Road, Southwest Harbor, Maine 04679

www.acadiayurts.com

Tree of Life Day Spa

Lounge in a soft robe and sip tea while you bathe in the afterglow of one of
the best spa treatments you have ever received. We offer couples massage;
organic facials; deep tissue, hot stone, Swedish & sports massage, organic
sugar scrubs; soothing, air-conditioned atmosphere. Open year round.

108 Cottage Street, Bar Harbor, ME 04609

www.treeoflifedayspa.com

207-288-5551

Whole Health Center

Massage & Neuromuscular Therapy

Relaxation and rehabilitation, deep muscle work, Tai Chi

162 Gilbert Farm Road, Bar Harbor

www.thewholehealthcenter.org

207-288-4128