



TIME TO PAMPER YOURSELF??

Make an appointment with one of the people
Listed below for an experience that
you will soon not forget!

Tree of Life Day Spa

Lounge in a soft robe and sip tea while you bathe in the afterglow of one of the best spa treatments you have ever received. We offer couples massage; organic facials; deep tissue, hot stone, Swedish & sports massage, organic sugar scrubs; soothing, air conditioned atmosphere. Open year round.

108 Cottage Street, Bar Harbor, ME 04609

www.treeoflifedayspa.com

207-288-5551

Acadia Massage - Robin Wade

Stress reduction, muscle relaxation, injury rehabilitation, headache and pain relief
Maine licensed and nationally certified massage therapist

103 Ledgelawn Avenue, Bar Harbor

www.acadiamassage.com

207-288-3899

Whole Health Center

Massage & Neuromuscular Therapy

Relaxation and rehabilitation, deep muscle work, Tai Chi

162 Gilbert Farm Road, Bar Harbor

www.thewholehealthcenter.org

207-288-4128